



Essence of Clinical Aromatherapy Seminar Preliminary Program

Live Sessions: Saturday 20th May 2023

Moderators: Rhiannon Lewis & Timothy Miller

08.15-09.00 Registration and visit of exhibition area

09.00 Rhiannon Lewis (France) & Dr Jane Buckle (UK)

Welcome and opening of the seminar

09.20 – 09.55 Carol Rose (New Zealand)

Integrating clinical aromatherapy in palliative care: ways in which we can bridge the gap

10.00 – 10.35 Lorena R. Lizarraga-Valderrama (UK)

Anxiolytic and antidepressant-like effects of essential oils: preclinical findings

10.40 – 11.10 Refreshment pause, networking and visit of exhibition area

11.15 – 11.50 Giacinto Bagetta (Italy)

Neuropharmacological profile of the essential oil of bergamot

11.55 – 12.30 Damiana Scuteri (Italy)

Characteristics of bergamot essential oil for clinical translation in the management of pain and behavioural disorders

12.30 – 13.00 Q&A to the morning session speakers

13.00 – 14.00 Lunch pause and visit of exhibition area

14.00 – 14.35 Elisabeth Sackl-Pietsch (Austria)

Essential oils as part of an integrative approach between conventional medicine and complementary medicine in the clinical setting and medical practice - a goal-oriented approach?

14.40 – 15.15 Pam Conrad (United States)

Evidence-based aromatherapy for postnatal depression: the Aromatherapist's toolkit of care for new mothers

15.20 – 15.55 Celine Hilpipre (France)

Clinical aromatherapy for dermatophytosis (fungal skin infections)

16.00 – 16.30 Q&A to the afternoon session speakers and wrap up of the day

16.30 - 18.00 Gattefossé Foundation International Prize announcement followed by F.A.C.E Charity announcement, refreshments, networking and visit of exhibition area





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Live Sessions: Sunday 21st May 2023

Moderators: Rhiannon Lewis & Timothy Miller

08.30 Visit of exhibition area

08.50 Rhiannon Lewis (France)

Welcome and opening of the second seminar day

09.00 – 09.35 Jonathan Benavides (The Netherlands)

Aromatic support for improving body image post-mastectomy

09.40 – 10.15 Fiona Murphy (England)

Skin toxicities incurred by cancer treatments: the role of an oncology skin care specialist

10.15 – 10.45 Refreshment pause, networking and visit of exhibition area

10.45 – 11.15 Emma Tyrer & Camilla Weijburg (England)

Blending in: Establishing an aroma stick service for symptom-management in an NHS radiotherapy department

11.20 – 11.50 Eileen Hackman (England)

Integrating personalized complementary care in acute settings: examples, tools and techniques for clinical practice

11.55 – 12.25 Anne Hally & Aisling Baskill (Scotland)

The use of Complementary Therapy in two Edinburgh hospitals to support staff and patients with challenges created by the COVID-19 pandemic

12.30 – 13.00 Q&A to the morning session speakers

13.00 – 14.00 Lunch pause and visit of exhibition area

14.00 – 14.35 Ingrid Karner (Austria)

Essential oils and the tension between Therapy and Wellness: An Austrian perspective

14.40 – 15.15 Didier Pesoni (France)

The toolkit of a French medical aromatherapist: aromatic medicine for respiratory pathologies

15.20 – 15.55 Madeleine Kerkhof (The Netherlands)

Keynote: From bright Flower to healing Power, Calendula CO₂ extract in the spotlight

16.00 – 16.30 Q&A to the afternoon session speakers and close of seminar

17.00 - 18.30 Aromatherapy Educators Networking





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On-Demand Sessions: Pre-recorded lectures

Katherine Gentil (United States)

Clinical Aromatherapy as Adjunct Support for Trisomy 21

Wendy Maddocks (New Zealand)

Emerging chemotypes of Mānuka oil and their therapeutic potential in clinical practice

Marika Fleri & Lorraine Spiteri (Malta)

Balancing pockets and hearts: A Maltese example of combining business with service to the community

Sanien de Beer (South Africa)

Carrier oils as amplifiers of essential oils to influence therapeutic outcomes in a clinical setting

Urszula Winkiewicz (USA)

Inhaled Clinical Aromatherapy for Nausea Management in the Gastrointestinal Inpatient Pediatric Setting: A Quality Improvement Project

Julia Falkenstein (Germany)

The use of Aromatherapy for chronic intestinal problems in a naturopathic setting

Debra Reis (USA)

Implementing Aromatherapy in the Oncology Setting: The journey towards integration

