



Schedule
29 & 30
APRIL

DAY ONE - MORNING - SAT 29th APRIL, 2023

<p>09.00-09.10 AM PDT</p>	<p>"Introduction and Welcome" Speakers: Toni Harman (she/her) and Alex Wakeford (he/him) Conference Hosts & filmmakers MICROBIRTH</p>
<p>09.10-10.00 AM PDT</p>	<p>"Using the Microbiome to Promote Baby's Healthy Development" Speaker: Dr Rodney Dietert PhD, (he/him) Emeritus Professor of Immunotoxicology, Cornell University</p>
<p>10.00-10.30 AM PDT</p>	<p>SHORT BREAK: Roundtable breakout sessions, networking and Exhibit Hall</p>
<p>10.30-11.05 AM PDT</p>	<p>"The importance of maternal diet in pregnancy for promoting life-long health" Speaker: Dr Elizabeth Cottrell, PhD (she/her), Lecturer in Maternal and Fetal Health, University of Manchester</p>
<p>11.05-11.40 AM PDT</p>	<p>"Human Microbiota and Cardiometabolic Diseases: In Pursuit of Causality" Speaker: Dr Noel T. Mueller, PhD (he/him) Associate Professor, Department of Epidemiology, Johns Hopkins University</p>
<p>11.40-12.10 PM PDT</p>	<p>SHORT BREAK: Roundtable breakout sessions, networking and Exhibit Hall</p>
<p>12.10-12.45 PM PDT</p>	<p>"Maternal-child microbial seeding in C-section delivered infants" Speaker: Dr Suchitra Hourigan MD, (she/her) Investigator, Chief, Clinical Microbiome Unit (CMU), National Institutes of Health</p>
<p>12.45-13.20 PM PDT</p>	<p>"Midwifery care and the microbiome - evidence and debate" Speaker: Dr Soo Downe OBE, (she/her) and Dr Anna Byrom PhD FHEA NTFS Soo Downe, Professor of Midwifery Studies, University of Central Lancashire (UcLan) Anna Byrom, Midwife, Senior Midwifery Educator, Publisher The Practising Midwife</p>
<p>13.20-14.00 PM PDT</p>	<p>SHORT BREAK: Roundtable breakout sessions, networking and Exhibit Hall</p>



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14.00-14.35 PM PDT	<p>"How can we protect the normal colonisation of infant skin during vaginal birth?" Speaker: Dr Michelle Irving PhD, (she/her) Lecturer in Midwifery, University of Bournemouth</p>
14.35-15.30 PM PDT	<p>"The Sacred Hour: Uninterrupted Skin to Skin Immediately after Birth" Speaker: Raylene M. Phillips, MD, MA, FAAP, FABM, IBCLC (she/her) Assoc. Professor of Pediatrics/Neonatology, Loma Linda University Children's Hospital</p>
15.30-16.00 PM PDT	<p>SHORT BREAK: Roundtable breakout sessions, networking and Exhibit Hall</p>
16.00-16.15 PM PDT	<p>"Birth on your terms: Why Millennial and Gen Z parents need to take back their births" Speaker: Tanya Cawthorne LCCE, FACCE (she/her) Co-founder Lamaze Australia, Immediate Past President Lamaze International</p>
16.15-16.30 PM PDT	<p>"Implementing change in maternity care" Speaker: Leslie Arnott (she/her) Community and Consumer Engagement Lead, Stakeholder Relations and Partnership-Building</p>
16.30-16.45 PM PDT	<p>"Waterbirth and the newborn microbiome" Speaker: Barbara Harper (she/her) Founder and President, Waterbirth International</p>
16.45-17.00 PM PDT	<p>"Anxiety in our patients and clients: How Can We Help?" Speaker: Elizabeth Kirts (she/her) President, International Childbirth Education Association (ICEA)</p>
17.00-17.05 PM PDT	<p>"Wrap Up - Day One" Speaker: Toni Harman (she/her) Filmmaker MICROBIRTH and conference host THE MICROBIRTH PLAN</p>
17.00-17.30 PM PDT	<p>"AFTER PARTY FUN QUIZ - Test your knowledge of the infant microbiome" Speaker: Toni Harman (she/her) Filmmaker MICROBIRTH and conference host THE MICROBIRTH PLAN</p>
17.30 PM PDT	<p>END OF DAY ONE Time to check out the conference "video vault". Loaded with pre-recorded videos about the microbiome!</p>



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DAY TWO - MORNING - SUN 30th APRIL, 2023

<p>09.00-09.10 AM PDT</p>	<p>"Introduction and Welcome" Speakers: Toni Harman (she/her) and Alex Wakeford, (he/him) Conference Hosts & filmmakers MICROBIRTH</p>
<p>09.10-9.40 AM PDT</p>	<p>"Nurturescience and Zero separation" Speaker: Dr Nils Bergman, MD, MPH ,PhD, (he/him), Public Health Physician</p>
<p>9.40-10.10 AM PDT</p>	<p>"Practical workshop: First beginnings of nurturescience" Speaker: Dr Jill Bergman (she/her) Educator, Kangaroula</p>
<p>10.10-10.40 AM PDT</p>	<p>SHORT BREAK: Roundtable breakout sessions, networking and Exhibit Hall</p>
<p>10.40-11.15 AM PDT</p>	<p>"The impact of human milk bioactive molecules on infant gut microbiome and lifelong health" Speaker: Dr Jennifer Smilowitz, PhD (she/her) Associate Director of the Human Studies Research Program for the Foods for Health Institute at University of California Davis</p>
<p>11.15-12.10 PM PDT</p>	<p>"On-Stage Interview about the science of human milk" Speaker: Dr Meghan Azad, PhD (she/her) Associate Professor, Department of Pediatrics, University of Manitoba</p>
<p>12.10-12.30 PM PDT</p>	<p>SHORT BREAK: Roundtable breakout sessions, networking and Exhibit Hall</p>
<p>12.30-13.00 PM PDT</p>	<p>"Human Rights, Childbirth, and the Microbiome" Speaker: Hermine Hayes-Klein, (she/her) Lawyer and Parent Advocate</p>
<p>13.00-13.25 PM PDT</p>	<p>"Operationalizing Perinatal Equity, Quality and Safety in Materno-toxic Zones - Every Person, Every Time" Speaker: Jennie Joseph LM, CPM (she/her) President and Founder of Commonsense Childbirth Inc.</p>
<p>13.25-13.45 PM PDT</p>	<p>SHORT BREAK: Roundtable breakout sessions, networking and Exhibit Hall</p>



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13.45-14.00 PM PDT	"How fathers and partners can support the infant microbiome" Speaker: Alex Wakeford (he/him) Filmmaker MICROBIRTH and conference host THE MICROBIRTH PLAN
14.00-14.15 PM PDT	"Reducing Parent Guilt by Meeting Them Where They Are" Speakers: Laura Nance CPD, CNPE, CLD, CCCE, CLE, CPFE, CCFS, PPNFS (she/her) Senior Program Advisor at CAPP Katie Nyberg, CLD, CPD, CNPE, CLE, Senior Program Advisor at CAPP (she/her)
14.15-14.30 PM PDT	"Doulas Are Microbiome Supporters!" Speaker: Dr Hillary Melchiors PhD, MPH, CD(DONA), LCCE (she/her) President, DONA International
14.30-14.45 PM PDT	"The Vaginal Secret" Speakers: Cathy Daub, Founder and President, BirthWorks International (she/her) Cristin Tighe, Program Director, BirthWorks International (she/her)
14.45-15.30 PM PDT	"Roundtable discussion on challenges facing childbirth educators and doulas" Speakers: Representatives from Lamaze International, DONA International, ICEA, APPPAH, BirthWorks International, CAPP, Waterbirth International and more
15.30-16.00 PM PDT	SHORT BREAK: Roundtable breakout sessions, networking and Exhibit Hall
16.00-16.50 PM PDT	"THE MICROBIRTH PLAN: Our plan to bring this science to parents" Speaker: Toni Harman (she/her) and Alex Wakeford (he/him) Filmmakers MICROBIRTH and conference host, THE MICROBIRTH PLAN
16.50-17.00 PM PDT	"Thoughts From Day Two" Speaker: Toni Harman (she/her) Filmmaker MICROBIRTH and conference host THE MICROBIRTH PLAN
17.00 - 17.30 PM PDT	"AFTER PARTY AND FUN MYSTERY ACTIVITY" - Speaker: Toni Harman (she/her) Filmmaker MICROBIRTH and conference host THE MICROBIRTH PLAN
17.30 PM PDT	END OF CONFERENCE ONE YEAR On-Demand access to all speaker presentations. On Teachable platform. Login at https://microbirth.teachable.com