



THE **MICROBIOME:**
PREGNANCY, BIRTH & BREASTFEEDING

VIRTUAL CONFERENCE
24 - 25 FEBRUARY 2024

MICROBIRTH 2024:

Speaker Schedule

Sat 24th Feb: Day 1

Sun 25 Feb: Day 2

Speaker Presentations Start:
09.00 PT - Sat 24th Feb

25 LIVE speaker presentations in the AUDITORIUM

INSTRUCTIONS:

- Go to <https://microbirth2024.vfairs.com/>
- Sign in with your email
- Password: MICROBIRTH
- Sat 24th & Sun 25th Feb: Live Speaker Presentations are in the **AUDITORIUM**
- To join - go to **AUDITORIUM**
- > Click **HERE** to watch the speakers
- > Choose **DAY 1** or **DAY 2**
- > Find the current live session
- > Click **JOIN** to watch
- > The first **LIVE** presentation begins at 0900 PT on Sat 24th February

DAY 1 - MORNING - SAT 24 FEB, 2024

9am PT

Start Time:
12.00am ET - 17.00pm UK

SPEAKER TALKS START - IN THE AUDITORIUM

9.00-9.10am PT

Start Time:
12.00pm ET / 17.00pm UK

"Introduction & Welcome"

Speakers: Toni Harman and Alex Wakeford
THE MICROBIRTH PLAN 2024 Conference Hosts

9.10-9.50am PT

Start Time:
12.10pm ET / 17.10pm UK

"Microbiotoxicity: Risks Of Harm To The Early Life Microbiome And What We Can Do About It"

Speaker: Anastasia Theodosiou
Infectious Diseases and Microbiology Registrar (MD);
MRC Clinical Research Fellow, University of Southampton

9.50-10.00am PT

Start Time:
12.50pm ET / 17.50pm UK

SHORT COMFORT BREAK

10.00-10.30am PT

Start Time:
13.00pm ET / 18.00pm UK

"Mother-To-Infant Microbe Seeding: More Than Meets The Eye"

Speaker: Debby Bogaert
MD, Professor and Chair of Paediatric Medicine,
University of Edinburgh

10.30-10.50am PT

Start Time:
13.30pm ET / 18.30pm UK

"Can We Replicate The Benefits Of Vaginal Birth For The Baby At C-Section?"

Speaker: Philip Steer
Emeritus Professor, Obstetrics and Gynaecology,
Imperial College London

10.50-11.30am PT

Start Time:
13.50pm ET / 18.50pm UK

"Infant Gut Microbiota Restoration: Why, When, and How"

Speaker: Katri Korpela
Researcher, University of Helsinki

11.30-12.20pm PT

Start Time:
14.30pm ET / 19.30pm UK

30 MIN ROUNDTABLES: FOR PREMIUM TICKET HOLDERS SHORT BREAK: EXHIBIT HALL & SPEED NETWORKING

DAY 1 - AFTERNOON - SAT 24 FEB, 2024

12.20-12.40pm PT

Start Time:
15.20pm ET / 20.20pm UK

"How Does The Maternal Oral Microbiome Protect And Influence Their Infant?"

Speaker: Michael Heffernan
Specialist Prosthodontist, UCL Clinical Lecturer, Dentistry

12.40-13.00pm PT

Start Time:
15.40pm ET / 20.40pm UK

Building Babies' Brains - From Bump To Baby And Beyond"

Speaker: Liz McGregor
Nutritional Therapist, Naturopath and Wellbeing Coach

13.00-13.20pm PT

Start Time:
16.00pm ET / 21.00pm UK

"Pharmacy And The Microbiome"

Speaker: Graham Phillips
A Pharmacist (Who Gave Up Drugs!)

13.20-13.50pm PT

Start Time:
16.20pm ET / 21.20pm UK

"The First 24 Hours After Birth: An Opportunity To Support And Promote The Infant Microbiome"

Speaker: Michelle Irving
PhD, Lecturer in Midwifery, University of Bournemouth

13.50-14.10pm PT

Start Time:
16.50pm ET / 21.50pm UK

"Responsive Breastfeeding: Why It Matters To Healthy Development"

Speaker: Martina Donaghy
Senior Midwifery Lecturer, Anglia Ruskin University

14.10-15.10pm PT

Start Time:
17.10pm ET / 22.10pm UK

**30 MIN ROUNDTABLES: FOR PREMIUM TICKET HOLDERS
SHORT BREAK: EXHIBIT HALL & SPEED NETWORKING**

15.10-15.40pm PT

Start Time:
18.10pm ET / 23.10pm UK

"The Skin Microbiome: Commensal Tuning Of Immune Function In Neonatal Barrier Tissues"

Speaker: Miqdad Dhariwala
Dermatology Researcher, Ohio State University

15.40-16.20pm PT

Start Time:
18.40pm ET / 23.40pm UK

"Integrating The Microbiome Into Respectful Maternity Care"

Speaker: Amber Price
President & CEO, Sentara Williamsburg Regional Medical Center

16.20-17.00pm PT

Start Time:
19.20pm ET / 00.20am UK

"THE MICROBIRTH PLAN: A Plan For The First 1,000 Days"

Speaker: Toni Harman and Alex Wakeford
Filmmakers MICROBIRTH and conference hosts

17.00-17.30pm PT

Start Time:
20.00pm ET / 01.00am UK

**EXHIBIT HALL & SPEED NETWORKING
END OF DAY ONE**

DAY 2 - MORNING - SUN 25 FEB, 2024

09.00-09.10am PT

Start Time:
12.00pm ET / 17.00pm UK

"Introduction & Welcome"

Speakers: Toni Harman and Alex Wakeford
THE MICROBIRTH PLAN 2024 Conference Hosts

09.10-9.40am PT

Start Time:
12.10pm ET / 17.10pm UK

"Immediate Kangaroo Mother Care: The Evidence"

Speaker: Nils Bergman
MD, MPH, PhD & Public Health Physician

09.40-10.10am PT

Start Time:
12.40pm ET / 17.40pm UK

"Practical workshop: Immediate Kangaroo Mother Care: The Practice"

Speaker: Jill Bergman
Educator, Kangaroula

10.10-10.30am PT

Start Time:
13.10pm ET / 18.10pm UK

"Can Maternal-Child Microbial Seeding Interventions Improve The Health Of Infants Born by C-Section?"

Speaker: Suchitra Hourigan
MD and Investigator, Chief, Clinical Microbiome Unit (CMU),
National Institutes of Health

10.30-10.40am PT

Start Time:
13.30pm ET / 18.30pm UK

SHORT COMFORT BREAK

10.40-11.10am PT

Start Time:
13.40pm ET / 18.40pm UK

"How Do Antiseptics Impact The Skin Microbiome?"

Speaker: Mark Webber
Professor and Research Leader/Principal Investigator,
Norwich Medical School

11.10-11.40am PT

Start Time:
14.10pm ET / 19.10pm UK

"An Update On The Current Understanding Of The Infant Skin Microbiome"

Speaker: Iliana Rosa Serghiou
Microbiology Researcher

11.40-12.10am PT

Start Time:
14.40pm ET / 19.40pm UK

"Populating Preterms With Probiotics"

Speaker: Lindsay Hall
Chair, Microbiome Research, Institute of Microbiology & Infection,
University of Birmingham

12.10-13.00pm PT

Start Time:
15.10pm ET / 20.10pm UK

30 MIN ROUNDTABLES: FOR PREMIUM TICKET HOLDERS
SHORT BREAK: EXHIBIT HALL & SPEED NETWORKING

DAY 2 - AFTERNOON - SUN 25 FEB, 2024

13.00-13.30pm PT

Start Time:
16.00pm ET /21.00pm UK

"Human Milk 101: The Composition Of Human Milk Vs Infant Formula"

Speaker: Jennifer Smilowitz
Assistant Professor of Cooperative Extension in Nutrition & Health Equity, Department of Nutrition, University of California Davis

13.30-14.00pm PT

Start Time:
16.30pm ET /21.30pm UK

"How Milk Shapes The Brain"

Speaker: Brittany Howell
Assistant Professor, Virginia Tech

14.00-15.00pm PT

Start Time:
17.00pm ET /22.00pm UK

30 MIN ROUNDTABLES: FOR PREMIUM TICKET HOLDERS SHORT BREAK: EXHIBIT HALL & SPEED NETWORKING

15.00-15.15pm PT

Start Time:
18.00pm ET /23.00pm UK

"Insights From The Field: Transformative Strategies In Lactation Support"

Speaker: Dee Bell
IBCLC, Registered Midwife, Founder, Infant Feeding Academy

15.15-15.30pm PT

Start Time:
18.15pm ET /23.15pm UK

"How Traditional Cultural Practices Influence The Microbiome"

Speaker: Leila Baker
Doula and Team Leader, Doula UK

15.30-15.45pm PT

Start Time:
18.30pm ET /23.30pm UK

"How Infant Massage Can Help Support The Infant Microbiome"

Speaker: Melanie Wattles
RN, CIMI, CPMT, Owner Babystrokes Infant Child Massage Instruction

15.45-16.00pm PT

Start Time:
18.45pm ET /23.45pm UK

"The Truth About Postpartum Nutrition"

Speaker: Maranda Bower
Owner and Founder of Postpartum University

16.00-16.35pm PT

Start Time:
19.00pm ET /00.00am UK

"Role Of The Infant Microbiome In Health, Longevity, And Conscious Living"

Speaker: Rodney Dietert
Emeritus Professor of Immunotoxicology, Cornell University

16.35-17.20pm PT

Start Time:
19.35pm ET /00.35am UK

30 MIN ROUNDTABLES: FOR PREMIUM TICKET HOLDERS SHORT BREAK: EXHIBIT HALL & SPEED NETWORKING

17.20-17.30pm PT

Start Time:
20.20pm ET /01.20am UK

"End Of Conference Sum Up"

Speaker: Toni Harman and Alex Wakeford
THE MICROBIRTH PLAN 2024 Conference Hosts